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# LEEPS & BOUNDS

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Volume 1, Issue 1

September 2006

## Upcoming Events

EEPS is once again putting into circulation a newsletter to provide for our readers information, education and simple enjoyment. Our goal is to maintain a quarterly issue, so take a few minutes of your day, at your convenience, and enjoy. Any comments are welcome at the following email address: [maureen@eepscentre.com](mailto:maureen@eepscentre.com) ☀

### *Registering for Programs*

#### **Study Skills Program**

*Education & Employment Preparation Services*

Due to the great success of last year's Study Skills Program we held another session this summer. This also proved to be a success with the students commenting on how helpful it was for them. Thank you to all those participating in one way or another.

#### **Computer Literacy Program Level 1**

Our Computer Literacy Program has started again with the first class on September 12, 2006. This is a 2 hour twice a week

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## The Hoover & Town Duplex

*A new Home for EEPS*

If exuberance typifies the Queen Anne style of domestic architecture, then this duplex certainly qualifies for the category. Built in 1901 as a two-family dwelling, in both form and ornament this house celebrates the joy of late Victorian design. Its relatively high construction cost \$8000 in 1901, its commodious twin interiors and its location precluded occupation by upper middle class families....

*Some history:*

We are fortunate in having an archival photograph of the new duplex from which we can compare the present appearance of the building.



**368 Edmonton Street**

If you haven't already visited us at this location, please feel free to drop by and we would be glad to have someone show you around.

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**1. Upcoming Events & EEPS' New Home**

**2. The Voices of Students and Staff**

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**3. Successes & Inner City Living & EEPS News Items**

**4. Director Comments** by Roger Groening

program that is being held Tuesday and Thursday evenings.(4:30-6:30pm.)

This class holds a maximum of 4 students and runs for a period of 40 hours and finishes on November 15, 2006.☀

## The Voices of Students and Staff

On Jan. 12/05 I had a fall at work, where I suffered a torn biceps muscle. I had been in the glass business for twenty-seven years; this type of work requires two healthy arms. After a lengthy rehabilitation, my arm plateaued at about 60% endurance, not the level I had been expecting. The doctors felt that construction would be dangerous to myself and others whom I work with, because of the heavy lifting required in the glass trade. The doctor diagnosed my condition as permanent.

I then met with Joan Stone who works in the vocational rehabilitation department at W.C.B; with her encouragement to better myself, she gave me the opportunity to receive some schooling at EEPS. My focus is on reading and writing plus some computer skills, for the new world I am entering. The change has been a big one for me. I am 52 years old and it has been a long time since I was in school. The biggest fear was I had problems with spelling, and I knew it was going to be hard. I met the director Roger Groening of EEPS, who made me feel I had come to the right place for help. He then introduced me to my new teacher Bernie Baergen. Going to school is very interesting for me because I never dreamt I would ever have to learn new skills to make a living to support my family. Bernie is making school enjoyable by his mannerism to me and to his job. This is not going to be an easy chore for either of us, but a challenge I am looking forward to taking with Bernie.

In the hope that I do well at my reading + writing, I will write my G.E.D. one day and look in to taking a course. I am not sure what type of course at this time; it will have to depend on how reading +writing goes.

Joan continues to have faith in me .She has received good reports, and is impressed with my steady improvements, and with my hard work ethic. I'm very thankful for the opportunity that Joan has given me.

By Russ Howard  
Student at EEPS ☀

## PLEASURE FOR THE PALATE

### MIKE'S CRAB CAKES

1 large can crab meat

1 cup bread crumbs , ¾ cup mayo

2 green onion, (chopped-green part only)

1 egg (beaten) , ½ tsp. Soya

½ tsp. Tobasco (chilly peppers can be used as a substitute)

Salt & Pepper to taste , Parsley or dill to taste

Drain crab meat (check for shells by flaking crab meat with fork); Add all ingredients to a bowl ; Mix ingredients into patties, roll in extra bread crumbs and bake in oven for 15min. Freeze well..☀

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### A JOKE A DAY....

A minister was completing a Temperance sermon. With great emphasis he said, "**If I had all the beer in the world, I'd take it and pour it into the river.**" With even greater emphasis he said, "**And if I had all the wine in the world, I'd take it and pour it into the river.**" And then finally, shaking his fist in the air, he said, "**And if I had all the whiskey in the world, I'd take it and pour it into the river.**"

Sermon complete, he sat down.

The song leader stood very cautiously and announced  
**with a smile, nearly laughing, "For our closing song,**

**let us sing Hymn #365, "Shall We Gather at the River."**

## SUCCESSSES FOR THE SUMMER

**SUMMER NEWS** – AS THE SUMMER WINDS DOWN THERE ARE SOME CONGRATULATIONS IN ORDER FOR THOSE WHO HAVE PASSED THEIR G.E.D.: **AARON SNIHUR; BOB HEIBERT; JESSE CAMPBELL; CHRIS MAINPRIZE; ANDREW BERNIER; FRANK SARZYNSKI; ALVIN BERG;**

**ALL THOSE WHO PARTICIPATED IN THE C.P.P. PROGRAM AND WROTE THEIR GED PASSED.** ☀

## INNER CITY LIVING

Life in the inner city area has its good points and bad points. EEPS is taking on the attitude of “It’s all G.”

Helping people improve their life situation is the prime focus for this company and helping those in the neighborhood is part of this mind set. Hot Dog Day is one way in which EEPS will be opening their doors and hearts to those less fortunate. ☀

## EEPS NEWS ITEMS

- AARON SNIHUR HAS OBTAINED A JOB AT THE COMPLETION OF HIS GED AND SINCE THE BEGINNING OF HIS EMPLOYMENT HE HAS MOVED UP IN HIS POSITION OF RESPONSIBILITY AND WAGE INCLUDING THE BONUS OF DRIVING A NEW VEHICLE
- JESSE CAMPBELL ACHIEVED AN EXCEPTIONAL MARK IN SCIENCE FOR HIS GED AND IS NOW EMPLOYED ☀



Above is the boardroom where many an interesting discussion has evolved with many more to look forward to. This room has also been used for meetings, testing, and classroom studies with video accessibility. It is also nice to have available when a student is unable to climb the stairs for their tutorial or class.



Staff kitchen where some fabulous meals are made.

### *Ian's Gourmet Cooking*

Skewered shrimp & mushrooms

Pork loin roast w/ apple glaze in a peppercorn sauce served with apple chutney / Stuffed baked potatoes / Caesar salad / Stir-fried mixed vegetables

Apple & cheddar pie / Blueberry pie

**This delightful meal was enjoyed by ALL the staff at EEPS**

**and words cannot describe the fabulous experience it was!** ☀

**October 17, 2006**

Director Comments

Welcome to a return of the EEPS newsletter. The merit of additional words entering the reader's visual space is still in question. The jury is meeting as we write. As an organization however, we are at a place of celebration regarding what goes on at our centre, and sharing these joys is something we view as a good thing. I promise to keep the verbiage brief.

A recent report by Atlantic Monthly indicated that over the past 15 years, the ratio of income increases in the United States is alarmingly high for the very top of elite income earners. The rest of the population has had to manage on relatively small increases over this period, and many have actually lost buying power. The broad message being that while their economy grew, virtually all of the benefits of this growth was taken by a small elite of the population. This issue reflects the challenge of free market economies to exercise restraint in self-reward, and to display a form of sharing that rewards all of the members of the contributing effort. Economic morality means different things to different people, but historically, there is evidence to support a notion that lack of moral restraint produces a ripple effect of problems that significantly lower the quality of life for all of the citizens.

Recent surveys suggest that 1 in 12 Canadians is dissatisfied with the work that they do. While this percentage may not be high, it amounts to a total of 1.3 million adult Canadian workers who are dissatisfied. People who are dissatisfied are 3 times as likely as others to be on disability benefits or a form of sick-pay regime. The economic costs are evident for companies and individuals alike. Families of individuals in this situation are arguably more deeply impacted, but it is also a serious issue for individual companies who are trying to compete in a demanding economic climate. It is said that part of this dissatisfaction comes from an imbalance between the demands imposed on workers, and the degree of control that they have over their own work. Pay is part of the issue. Loss of control in addition to financial struggles leads to a difficult situation. Part of this loss of control relates to the way the results of one's work has often become disconnected from the worker's experience, so that a worker does not see the results of his or her work. Some of this is due to the nature of technological and information age work, but much of this also is a product of management models that have been long on promise, and short on delivery. The social science of management has mostly not delivered work environments that workers can be satisfied in. While some of the extreme physical abuses of previous generations have improved, work environments that nurture worker strengths and give workers a sense of control is very difficult to find.

These comments are in response to our observations over the last number of years, noting the challenge that is faced by many of our students. The free market economic model needs to show restraint so that when economic times are good, this becomes evident to every household who is contributing to that strength. While supply and demand of skills dictate in large part the earning capacity of workers, there is also a responsibility to pay a living wage to those who perform a needed task. Such a wage should have some reasonable relationship to the value of that work for the company or government for whom it is performed. The paying of wages should not be viewed solely as a standard of what the bare minimum can be in order to entice someone to perform the work. A society that wants to maintain a civil state over the long term needs to consider fairness as a measure of progressive economic practice. In addition, a healthy society needs the creation of work environments where responsibility is rewarded with control, and production is rewarded with benefits related to productive success. Worker satisfaction is not just a moral thing, but a sign of a society that respects the earth from which its materials for work come.

by Roger Groening ☼